

ICUsteps Support Group

For Critical Care patients on the road to recovery

We meet at **Bluebird Lodge Community Hospital**

100 Mansbrook Boulevard, Ipswich IP3 9GJ, **6 pm–8 pm**

on the following dates:

2020

- 8 January
- 5 February
- 4 March
- 8 April
- 6 May
- 3 June
- 1 July
- 5 August
- 2 September
- 7 October
- 4 November
- 2 December

For more information:

email **outreach.event@ipswichhospital.nhs.uk**

or visit the ICUSteps website at **www.icusteps.org**

find us on Facebook: **ICUSteps Ipswich**

follow us on Twitter: **@IcustepsIpswich**

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